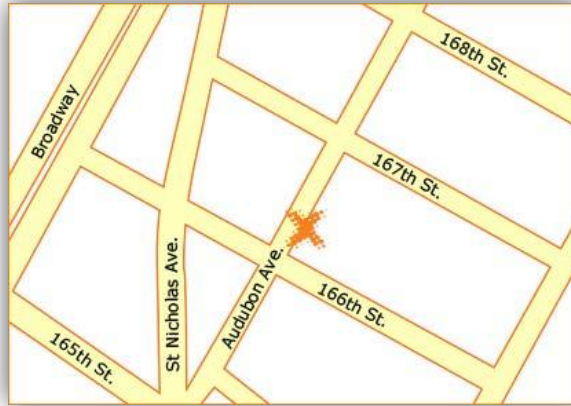




Dr. David Bell



Take the 1, A, or C train to 168<sup>th</sup> Street

## Young Men's Clinic Services:

Services are provided at low cost, usually around \$13. No one is ever turned away from the clinic because they can't afford health care.

- Sports, school, employment and annual physical exams
- Care for illness & injuries
- Screening for STI's and HIV
- Help coping with stress
- Free condoms
- Dental referrals
- Referral of female partners for health services
- Single Stop USA assessments and referrals for Food Stamps, health insurance, GED, employment, & legal services
- All are welcome, regardless of race, ethnicity, income, or sexual orientation
- Medicaid & Family Health Plus

Hours:  
**Monday and Wednesday**  
 8:30am – 8:00pm  
**Tuesday, Thursday and Friday**  
 8:30am- 5:00pm  
*Monday evenings and Fridays are exclusively for men*

The YMC is operated by New York-Presbyterian Hospital Ambulatory Care Network

### MAJOR CONTRIBUTORS

- Robin Hood Foundation
- Baisley Powell Elebash Fund
- Ford Foundation
- NYS Department of Health

<http://youngmensclinic.org>

**New York-Presbyterian**  
 Ambulatory Care Network  
 Young Men's Clinic  
*A Center for Community Health & Education*



21 Audubon Ave  
 (between 166<sup>th</sup> and 167<sup>th</sup>)  
 New York, NY 10032  
**OK to Walk-in!**

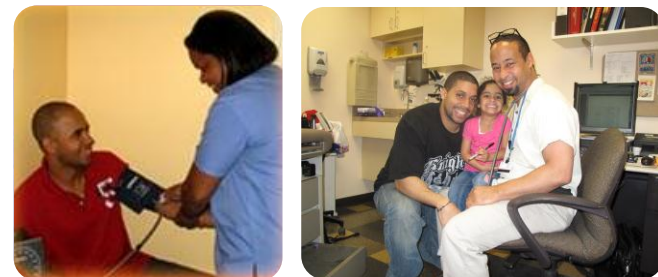
For information, visit our website:  
<http://youngmensclinic.org>

## A Typical Visit:

- **Register** at the front desk.
- Complete some **paperwork** about your health history. Health education information will be in the waiting room about important health topics.
- You will **be called** by a doctor, health educator, social worker, or a medical assistant.
- We will **check** your blood pressure, height, weight, vision, and ask if you want an HIV test.
- You will stop at the front desk so you can **make your next appointment**.



Dr. Silvia Amesty



*“I’ve been around to a lot of clinics, and I can tell you this one is the best. The staff is warm and helpful.”*

- Gerald, 28 years old

Every human being has a right to health care. Unfortunately, men often face barriers getting care they need and deserve. The Young Men's Clinic is one of the best known clinics for males in the U.S. We offer low-cost, high quality, "male friendly" health services for men 14-35 years of age.

The YMC is operated by New York-Presbyterian Hospital and the Center for Community Health and Education in the Heilbrunn Department of Population and Family Health, Columbia University Mailman School of Public Health. An interdisciplinary staff of physicians, social workers and other health professionals provide medical, health education, short-term counseling, assessments and referrals for public benefits, educational, employment and other social services for men. The YMC is nationally and internationally recognized as a model of providing male friendly health services.

**Come visit and work with us to stay healthy!**